



Gandaki University

गण्डकी विश्वविद्यालय

Pokhara, Nepal

www.gandakiuniversity.edu.np

Entrance Examination 2079 (2022)
Bachelor in Sports Management (BSM)

Symbol No.:

Time: 75 minutes

In words:.....

Total Questions: 100

Encircle 'o' the correct answer from the multiple choices.

1. If $6x + 9 = 30$, what is the value of $2x + 3$?

- (A) 5 (B) 10 (C) 15 (D) 20

2. If $a + b = 5$ and $a - b = 6$, then the value of $a^2 - b^2$ is:

- (A) 6 (B) 30 (C) 10 (D) 12

3. The average (arithmetic mean) of three numbers is 50 . If two of the numbers have a sum of 85 , what is the third number?

- (A) 75 (B) 70 (C) 65 (D) 55

4. During a semester, a student received scores of 76, 80, 83, 71, 80 and 78 on six tests. What is the student's mean score?

- (A) 76 (B) 77 (C) 78 (D) 74

5. If mean and median of a distribution are 10 and 11, what is it's mode?

- (A) 12 (B) 10 (C) 11 (D) 13

6. The current population of town is 10,000. If the population of the town is increasing at the rate of 10% every year, then the population of the town after three years will be:

- (A) 13,000 (B) 13,310 (C) 13,300 (D) 13,330

7. There are 30 girls and 20 boys in a class. The percentage of girls in the class is:

- (A) 60 (B) 90 (C) 75 (D) 30

8. A cap is bought for Rs. 200 and sold it for Rs. 240, what is the profit percentage(%)?

- (A) 40 (B) 25 (C) 20 (D) 10

9. If Rs. 1,000 is borrowed for one year at a simple interest rate of 6% per year, then the interest is:

- (A) 60 (B) 50 (C) 70 (D) 40

10. Which of the following is a prime number?

- (A) 9 (B) 8 (C) 4 (D) 2

11. What is the smallest prime number greater than 33?

- (A) 34 (B) 35 (C) 39 (D) 37

12. Surface area of sphere is:

- (A) πd^2 (B) πr^2 (C) $4\pi d^2$ (D) $3\pi d^2$

13. Which will be the next number in the series 5, 8, 12, 17,?

- (A) 23 (B) 25 (C) 27 (D) 29

14. How many degrees are there in an angle formed by hands of a clock at 3 o' clock?

- (A) 45 (B) 60 (C) 90 (D) 180

15. Which of the following is the largest fraction?

- (A) $4/7$ (B) $5/12$ (C) $2/3$ (D) $11/15$

16. 1.05 m is equal to:

- (A) 105 cm (B) 1005 cm (C) 1050 cm (D) 1500 cm

17. If $n(A) = 80$ and $n(B) = 65$, what is the least value of $n(A \cup B)$?

- (A) 145 (B) 80 (C) 65 (D) 15

18. If x and y are both odd numbers, then which one of the following is an even number?

- (A) $x + y$ (B) x (C) $xy + 2$ (D) $2x + y$

19. 20 men can do one work in 30 days. In how many days can 80 men can finish the same work?

- (A) 18 days (B) 15 days (C) 7.5 days (D) None of these

20. Today is Monday. After 61 days it will be
 (A) Thursday (B) Sunday (C) Monday (D) Saturday
21. The synonym of 'Warrior' is.....
 (A) Soldier (B) Sailor (C) Pirate (D) Spy
22. The study of ancient society is called.....
 (A) anthropology (B) archeology (C) history (D) ethnology
23. The active form of the statement, 'I was given a book by my father' is.....
 (A) My father gave me a book. (B) My father gives me a book.
 (C) My father has given me a book. (D) My father had given me a book.
24. I prefer tea.....coffee.
 (A) from (B) than (C) tiny (D) to
25. The antonym of 'enormous' is.....
 (A) tiny (B) soft (C) average (D) weak
26. Identify the correctly spelt word.
 (A) forecast (B) forecast (C) forecaste (D) forcaust
27. Find the correct order to make the sensible sentence. When he P: didn't know Q: he was nervous and R: heard the hue and cry at night S: what to do
 (A) QSPR (B) RQPS (C) SQPR (D) PQRS
28. What is the meaning of the phrasal verb 'to cry wolf' ?
 (A) To keep off starvation (B) To turn pale
 (C) To listen eagerly (D) To give false alarm
29. How many syllables do you find in the word 'beautiful' ?
 (A) 3 (B) 4 (C) 5 (D) 6
30. What is the proper arranging order for the sensible sentence? a. on the plane b. first c. the d. is e. time f. ever g. I have h. flown i. This
 (A) cidbegfha (B) idcbegfha (C) fidcbegha (D) eidcbhfha

42. Usain Bolt is related with.....
- (A) Athletics (B) Volleyball (C) Boxing (D) Cricket
43. The famous player Diego Maradona is associated with the game
- (A) Tennis (B) Football (C) Boxing (D) Hockey
44. The famous player Michael Jordon is associated with the game
- (A) Handball (B) Basketball (C) Cricket (D) Soccer
45. Why balance diet is required for an athlete?
- (A) To develop Sports Performance (B) To prevent from food requirement
(C) To plan the food requirement (D) To plan the food requirement
46. Who is responsible to control a volleyball match?
- (A) Lines man (B) Referee (C) Scorer (D) Spectator
47. Gymnastics was introduced from
- (A) Germany (B) USA (C) Greece (D) Korea
48. Which of the following game require more concentration?
- (A) Handball (B) Football (C) Swimming (D) Archery
49. Which exercise is necessary before playing or training?
- (A) warm up (B) cool down (C) jumping (D) weight training
50. How many provinces are there in Nepal?
- (A) 5 (B) 6 (C) 7 (D) 8
51. Which of the following is a pair name of a same game?
- (A) Judo Karate (B) Tennis-Table tennis
(C) Volleyball-handball (D) Athletics-Track and Field
52. Which of the following term is related with cricket?
- (A) Spiking (B) Wide ball (C) Shooting (D) Digging
53. The first Olympic game was held in.....
- (A) 776 B.C. (B) 778 B.C (C) 886 B.C. (D) 678 B.C.

54. Sports Medicine is related with.....
(A) Management (B) Administration (C) Injury (D) Planning
55. Which of the following activity requires Baton?
(A) Judo (B) Relay race (C) Handball (D) High jump
56. Table tennis also known as.....
(A) Quin ball (B) Tennis (C) Ping pong (D) Hostel
57. Which of the following is non-racket game?
(A) Volleyball (B) Squash (C) Tennis (D) Badminton
58. All of the following are the athletics events except?
(A) Jumping (B) Running (C) Throwing (D) Paragliding
59. Wushu game is originated from the.....
(A) Korea (B) China (C) Japan (D) Malaysia
60. Wimbledon is a place connected with.....
(A) Badminton (B) Long tennis (C) Cricket (D) Soft tennis
61. The term Backstroke is associated with.....
(A) Swimming (B) Wrestling (C) Boxing (D) Karate
62. The famous player Deepak Bista's name is associated with.....
(A) Karate (B) Taekwondo (C) Wushu (D) Boxing
63. Which of the following game is not associated with Olympic Game?
(A) Football (B) Volleyball (C) Handball (D) Cricket
64. All of the following are the Athletics field events except.....
(A) Shot-put (B) Long jump (C) Discuss throw (D) 100 m running
65. Which game has 2 referees in the game?
(A) Tennis (B) Basketball (C) Table tennis (D) Badminton

66. Which is the highest governing body of Football?
(A) FIFA (B) FAAF (C) FIVB (D) IFAA
67. Which is the national sports of England?
(A) Cricket (B) Volleyball (C) Kho-kho (D) Fencing
68. Which is the traditional game of Gandaki province?
(A) Kabaddi (B) chhelo (C) Volleyball (D) Fencing
69. We have sense organs in our body
(A) two (B) four (C) six (D) five
70. The famous player "Pele" is associated with the game
(A) Tennis (B) Football (C) Boxing (D) Hockey
71. The back thigh muscles are also known as
(A) Hamstring (B) Gluteal (C) Gastronomes (D) Wriest
72. In the childhood, individual's behavior is mostly influenced by
(A) Community (B) School (C) Peer group (D) Family
73. The amount of blood pumped by heart in one beat is called
(A) Tidal volume (B) Stroke volume (C) Blood volume (D) High volume
74. Pleasure word is related to?
(A) Mental development (B) Physical development
(C) Emotional development (D) Maximum development
75. Co-ordination word is related to?
(A) Cardiovascular fitness (B) Coordinative ability
(C) Agility (D) Flexibility
76. The percentage of fat, bone, water and muscle in a human body is called.....
(A) Muscular endurance (B) Muscular strength
(C) Body composition (D) Movement
77. The ability to overcome resistance for longer duration is called.....
(A) Speed (B) Strength (C) Endurance (D) Flexibility

78. The aim of health related fitness is to prevent from
- (A) Disease (B) Asthma (C) Hygiene (D) Luxury
79. Which one of the following activities is a part of locomotor skills?
- (A) Running (B) Pranayam (C) Yoga (D) Gossiping
80. is the national game of Nepal.
- (A) Football (B) Handball (C) Volleyball (D) Kho-Kho
81. If a person stops eating potato thinking it will make him fat it is a....
- (A) food energy (B) food myth (C) arrogant (D) all of this
82. Deficiency of vitamin c or ascorbic acid leads to disease which is commonly known as
- (A) scurvy (B) depression (C) constipation (D) rickets
83. Ball handling is an activity that starts in a child in the developmental stage is called.....
- (A) infancy (B) earlyhood
(C) middle childhood (D) late childhood
84. How many players are there in one volleyball team?
- (A) 12 (B) 6 (C) 10 (D) 8
85. The acceleration due to gravity on surface of the earth is approximately
- (A) 0.98 m/s^2 (B) 98 m/s^2 (C) 9.8 m/s^2 (D) 980 m/s^2
86. A physical education teacher now-a-days is essentially–
- (A) An instructor (B) A movement educator
(C) A drill master (D) All of the above
87. Administration and organization of health and Physical Education should be based on the principles of
- (A) activity (B) bio-mechanics (C) humanity (D) teaching
88. Hunger is a motive.
- (A) primary (B) secondary (C) none (D) both

89. The best way of learning is
(A) Learning by doing (B) Listening
(C) Hearing (D) None of these
90. Story telling is a method of health education
(A) Modern (B) Traditional (C) One way (D) None of these
91. Health education help in desirable change in ...
(A) knowledge (B) attitude (C) practice change (D) all the three levels
92. Practice change brings changes at level.
(A) Cognitive (B) Affective (C) Psycho – motor (D) None of these
93. Posture is an index of
(A) personality (B) health (C) character (D) fitness
94. Pre- school children learn things by...
(A) Imitation (B) Practice (C) Watching T.V. (D) Repetition
95. Cognitive process is concerned with...
(A) Feeling (B) Knowing (C) Striving (D) Thinking
96. Ball and Socket joints are known as ...
(A) Fixed joints (B) Uniaxial joints (C) Bi-axial joints (D) Tri-axial joints
97. The richest source of protein is
(A) Pulses (B) Groundnut (C) Soybean (D) Egg
98. How many major salivary glands are there in human body?
(A) Two (B) Four (C) Six (D) Eight
99. The law of acceleration is known as
(A) Law of inertia (B) Law of momentum
(C) Law of action and reaction (D) Boyle's law
100. Proteins are turned into which acids by our digestive system.
(A) ascorbic acid (B) hydrochloric acid
(C) amino acid (D) lactic acid

All the best !!!